



Lighted Path

Specializing in Trauma-Informed Care for Victims of Child Sexual Exploitation



Arizona Human
Trafficking Council

John 1:5

Lighted Path

Five Core Components of Our Trauma-Informed Services



Safety

Restoring a sense of physical and emotional safety at the resident's own pace, thus giving way to a restored sense of control over her own life, body, and emotions.

Self-Regulation

Building and/or restoring emotional and behavioral balance by strengthening healthy coping and problem-solving skills

Healing and Connection

Healing emotional wounds, healing shame, and restoring healthy connections and trust in self and others.

Neurophysiological Support

Supportive interventions to restore the nervous system, as well as cognitive and developmental areas impacted by trauma

Pastoral Services

Optional Christ-Centered services to provide spiritual support and heal spiritual wounds caused by the trauma.

Program Description

Lighted Path at StreetLightUSA is our specialized group home providing shelter and support services to adolescents who are suspected or confirmed victims of child sexual exploitation (CSE).

The StreetLightUSA specialized service model is trauma and survivor-informed and founded on evidence-based practices that support youth suffering from CSE based traumatic experiences.

Neurophysiological and developmental/attachment-based understanding and approaches are integrated into the environment, services, and activities.

At StreetLightUSA we practice a holistic approach to healing. We recognize and respect how faith and spirituality are essential in trauma recovery, as well as can at times be part of someone's trauma landscape. Our holistic model of care includes supporting the diverse faith-based beliefs, experiences, and needs of each child. Our in-house pastoral services are trauma and CSE informed and available to all residents upon request (and legal guardian approval). Our support services include providing support to residents with diverse belief systems and needs within the program and in the community.



Lighted Path Services

- Trauma and CSE Informed Staff
- Trauma-Informed Intake
- Sensory Equipped Environmental Design
- Home-Like Living Quarters
- On-Site Security Monitoring and Security Systems
- Case Management Services
- Behavior Support Incentive Program (Including Individual Trauma-Informed Behavior Support Coaching)
- Survivor-Informed Independent Life Skills Groups
- CSE Informed Healthy Relationship/ Sexual Education Skills Groups
- Social Emotional Learning Skills Groups
- Healing Arts Group (Art & Culture)
- Culturally Responsive Community Activities
- In-House and Community Based Recreational and Cultural Activities
- In-House Trauma-Informed Academic Support and Online Schooling
- Vocational Support Services
- CSE and Trauma Informed Fitness Classes
- Food-Mood Responsive Menu
- Optional Pastoral Services
- *CSE and Trauma Informed Pediatric Care (on campus through a five time recipient of Best Children's Hospitals award partner)*

Admission Criteria

A youth's emotional and physical safety is our priority, and our specialization allows us to understand the unique needs and dynamics of sexually exploited youth. Each referral is screened carefully to ensure that criteria is met and that the program can effectively meet the needs of the youth. Care is placed in referring to alternative placement for children that do not share in same/similar CSE experiences and/or sexual abuse histories, as this exposes non-CSE youth to the unfortunate world of sex-trafficking. Youth with co-occurring severe mental illness diagnoses, moderate and greater developmental delays, and/or active self-and/or other harm ideations and psychosis are referred to higher level care.

Referral Process

- Requests for placement can be submitted to : **lightedpathreferrals@streetlightusa.org**.
- The referral team can be reached at: **602-317-8890**
- Referrals are reviewed and legal guardian/legal representative is contacted to complete referral screening process.
- Approved referrals are communicated to legal guardian/legal representative within 24 hours and pre-placement packet is provided via email. Admission date is established based on bed availability.
- If a referral has been approved for Level 2 care, the referral may be reassigned for our level 2 program (The Sanctuary) referral screening process.
- Referrals that are found to require alternative higher level of care and/or non-CSE specialized services are provided a summary of the screening outcome and recommendations/resources as available.

